

# An overview of biomaterials and its applications

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**Abstract** The study of biomaterials is primarily involved into the chemical and biology field collectively known as biochemistry, biology, tissue engineering and material science. Appropriate material selection and their characterization is the crucial consideration while manufacturing the medical implants. Biomaterials used in implants or clinical instrumentation are commonly used for the re-alignment, replacement and treatment of the deteriorated tissues, broken structures or other injuries. The biomaterial used for different medical implants should possess desirable properties, mechanical strength, biostability, good corrosion resistance and biocompatibility to get acquainted in the physiologic environments. However, many important researches in the biomaterial science have come focusing on improving the physical, mechanical and chemical properties regarding the material of implant and thereby improving the implant strength. This overview examines metallic and ceramics biomaterials which are commonly used biomaterials used in medical implant while primarily focusing on the composition, mechanical properties, advantages, limitations and applications of the materials.

**Keywords** —Biomaterials, Biosensing, Carbon nanotubes, Ceramics, Metallic alloys, Metallic glass film

## I. INTRODUCTION

The most acknowledged meaning of biomaterials as of now is the one utilized by the American National Institute of Health that depicts biomaterial as "any substance or blend of substances, other than medications, engineered or characteristic in beginning, which can be utilized for any timeframe, which increases or replaces somewhat or absolutely any tissue, organ or capacity of the body, to keep up or improve the personal satisfaction of the person"[1].

Biomaterial's science fuses segments of medicine, science, tissue planning, constituent's knowledge [2]. The substance that can be intended to interface with normal structures for a clinical explanation, either a healing or a suggestive one is biomaterial. The materials which are capable of performing human body actions are required motions they are known as the bio compatible materials the part of a living organism which can be replaced by hybrid or original conventional material that it is best substitute for a living tissue called as biocompatible materials [2].

The biomaterials have ability to interact, perform, compensate and augment the same principle working as that

of living organism [3]. Biomaterials are mostly composed of ceramic, metals or the synthetic polymers. As proceeding studies in biomaterials focuses on the materials having ability to heal themselves after the destruction or any damage and materials with sound foundation and rigid utilization to adapt restoring property in itself are termed as advanced bio-inspired materials [3].

## II. BIOMATERIALS

### A. Metallic Alloys

Metallic biomaterials are a focal class of materials for use in clinical gadgets. This is basically having great strength and other mechanical properties related with these materials. Metallic biomaterials have been, and will keep on being, utilized in inserts traversing all spaces of utilization in the human body. Regardless of whether one considers muscular, spinal, dental, cardiovascular, neural, urological, or other embed applications, metals are fundamental to the accomplishment of these gadgets. Metallic biomaterials will stay fundamental to these applications on account of their interesting properties contrasted with those of different classes of materials [3].

A mind-boggling mix of rigidity, break robustness and weakness strength warrant their application in strong wellbeing which are fake joints, plates then screw, in orthodontics dentistry, cardiovascular, neurosurgical contraptions, similar to counterfeit heart, staples, stents, wires and twists. Contrasted with polymer and earthenware biomaterials, metals are portrayed by higher electro-conductivity, and as such have been utilized to encase terminals in fake electronic organs (Hsu et al., 2012) [4]. So far, the trio of implants metals such as cemented steel, CoCr composites and Ti mixes are mostly used. Chief solidified steel used for embeds contains ~18wt% Cr and ~8wt% Ni makes it more grounded and additional impenetrable to utilization [4].

Titanium is incorporated by its light weight. The width is simply 4.5g/cm<sup>3</sup> appeared differently in relation to 7.9g/cm<sup>3</sup> for 316 solidified steel and 8.3g/cm<sup>3</sup> for cast CoCrMo blends. Titanium debased with Ni, i.e., Nitinol, assemblies' amalgams consuming reminiscence impression which are reasonable in numerous claims, like, dental reclamation wiring. CoCr compounds have remained cast-off for a lengthy period in making counterfeit linkages. They are recognized for superb wear opposition. Particularly fashioned CoNiCrMo composite are aimed at making strongly stacked joints, for instance, lower leg embeds (see Figure 1) [4].



Fig. 1. Customary of ankle transplants [4]

### B. Ceramics

At the point when earthenware segments are utilized in bio mechanical claims, long haul dependability is important apprehension. The inquiry emerges with respect to what degree SCG may add to disappointment in clinical designs. In a new report, they extended decreases in qualities of in excess of a factor of 2 over a time of 1 year. Be that as it may, it isn't promptly evident how such outcomes relate to the exhaustion of fired/polymer bilayer (now and then multi-facet) arrangements illustrative of dental tops, all out hip substitutions (THR)[5].

The weakness of artistic layers on agreeable substrates to corruption by lethargic break development from supported concentrated stacking. The consideration has been on one particularly malevolent break mode, extended breaking by stoneware lower surfaces. The situation is inferred, liquid approaches the ceramic border in the bilayer setup. A break

mechanism investigation consolidating a break speed condition gives the premise to measuring the rate reliance of the basic burdens for spiral crack, and for positioning distinctive ceramic sorts for use in bilayer structures [5].

With central part in cell cycles and human digestion, importance of magnesium for biomedical applications is identified. A few investigations have demonstrated that bivalent positive ion (e.g., Mg 81 2+) have a vital job in bone redesigning and skeletal turn of events. [5].

Besides, studies showed that Osteoblast cells-biomaterials surface cooperation's are chiefly interceded by cell film bond receptors (integrins), in which magnesium assumes a significant part. Mg<sup>2+</sup> can join to integrins a subunits, and extracellular changes of Mg<sup>2+</sup> can adjust the favoritism of the cells to the biomaterial surface [6].

Different examinations have researched magnesium-containing polycrystalline ceramics and glass-pottery for biomedical applications. The bone tissue recovery is revealed by materials and have hopeful possibility for claims and magnesium-based bone fillers have been supported and that affirms the capability of Mg to be utilized as a part of bone mending properties [6].

Clinically critical earthenware production covering a far reaching extent of possessions were picked for concentrate as covering materials for bilayers: a dental veneering fluorapatite porcelain; a lithium disilicate glass-terminated used in all-dirt dental resto-distributes (Empress II, Ivoclar-Vivadent, Schaan, Leichten-stein); 16 a thick, 99.5% unadulterated, fine-grain alumina (AD995, CoorsTek, Golden, CO) specialist of a wide extent of crown and THR aluminas; a 3 mol% yttria-settled zirconia (Prozr Y-TZP, Norton, East Granby, CT) and an alumina-cross section composite with 25 vol% zirconia (AMC DC-25, CeramTec, Plochingen, Germany) as sturdy pottery aimed at dental as well as hip claims. In Figure 2 micrographs of pottery are showed. [7].

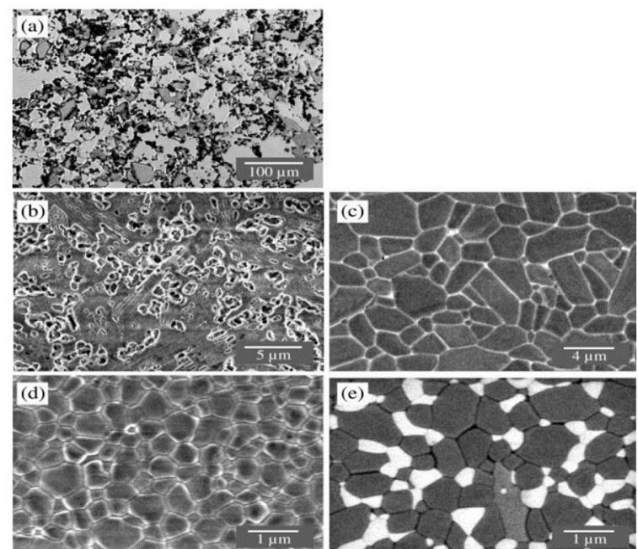


Fig. 2. Microstructures of ceramics researched in the examination [7].

Outcomes introduced in this investigation affirm the helplessness of ceramic coatings proceeds consistent substrata toward corruption via lethargic break development after supported concentrated stacking. Accentuation has been on one particularly destructive break manner, extended breaking by ceramic inferior shells [7].

The evaluation of metallic glass small biocompatibility of films, the muscle cells made on these motion pictures were stained with DAPI and phalloidin following 1 day of culture to reveal cell centers and F-actin, unreservedly. As controller investigates, a comparative framework was cultivated for the cells created on the customary cell culture dishes. The outcomes are seemed in Figure 3. As per study, there is no cytotoxicity effect on the C2C12 myoblasts.

C. Metallic Glass Film

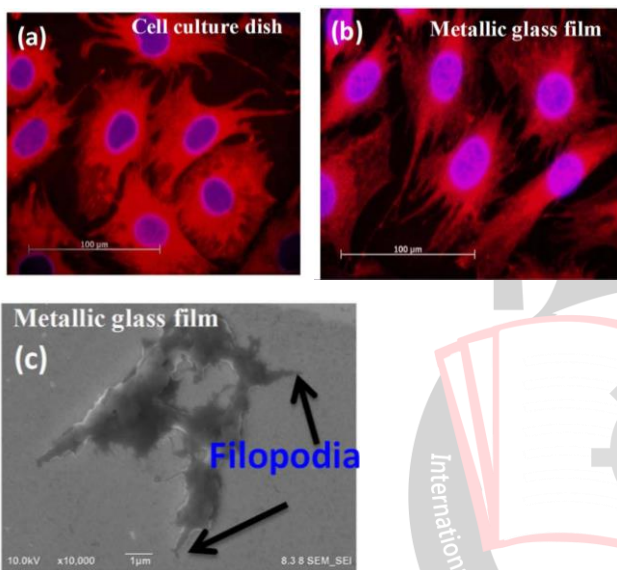


Fig. 3. Fluorescence magnifying lens pictures of muscle cells refined on (a) the customary cell culture dish and (b) metallic glass slim film. Cell cores and F-acting were stained as blue and red, individually. (c) SEM image of the cells refined on a metallic glass meager film [8]

Metallic glass thin films: Biocompatibility:

The muscle cells on the two substrates, that is, metallic glass feeble motion pictures and cell culture dishes began to expand and talk with various cells. SEM pictures of cells on the metallic glass slender movies likewise affirmed the biocompatibility of these substrates (Figure 3). According to examine, the cells on the metallic glass films had the alternative to increase well. The last wonder was assessed as to check amount of live cells on both metallic glass feeble motion pictures, cell philosophy dishes following one then two beings of theory [8].

Thin films of glass: Fabrication of Microelectrode:

Slender coatings of glass had operated for extended period as per methods for protecting metallic miniature terminals and micropipettes in like manner use for recording

biopotentials. A problem of the procedures used to produce these terminals has been the frailty to decisively control the size of the uncovered record objections. Notwithstanding, a new methodology (WISE, 1970) to anode creation dependent on coordinated circuit innovation vows to beat this impediment and outlines one significant use of saved protecting movies.

As per Figure 4, gilded terminal remains upheld arranged a silicon transporter which can be protected after transporter via film of thermally-developed silicon dioxide 1/zm thick. Whereas, anode can be protected after the extracellular electrolyte by a coating of sparkle release kept silicon dioxide, which is specifically taken out from the cathode tips. Footage locales tiny 15/zm 2 had accomplished, then cathodes have effectively separated sole components in feline hear-able cortex. Similarly with other composed biomedical sensors being worked, in film structure testimony is a major piece of the assembling progression [9].

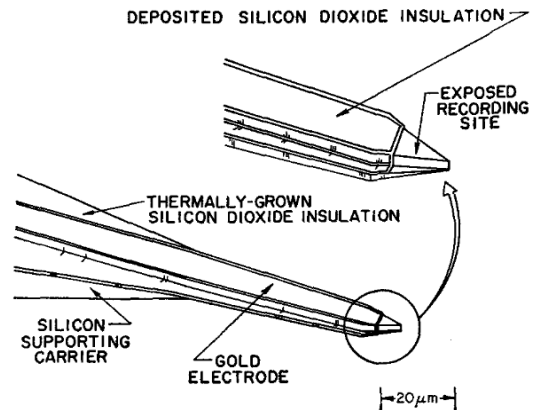


Fig. 4. An extracellular microelectrode protected with a kept film of silicon dioxide [9]

D. Polymer nanocomposites: Self-assembled

Controlling stem cell behaviors Controlling:

A fair circumstance where effect of mechanical possessions of the microenvironment on cell prosperity where cell rehearses as cell morphology, detachment, principal grasp course of action, cell development components. Expansion partner, much of the time, undeveloped cell separation gets affected by the nanostructured surface and compound. Meant for instance, a similar gathering announced a novel nanocomposite material equipped for conveying different development factors, as demonstrated in Figure 5. A sort of fused film made out of PLL, heparin, and Au nano-particles had manufactured for fundamental fibroblast development factor with bone morphogenetic protein-2.

During the osteogenic division of mesenchymal undifferentiated organic entities, high stomach settling agent phosphatase activity and collagen type I explanation level

showed unmistakably the synergistic partition sway on the youthful microorganisms [10].

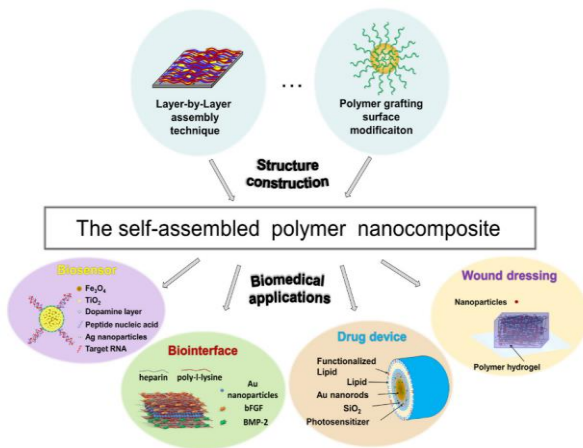


Fig. 5. polymer nanocomposites: assembly and biomedical application [10]

**Biosensing:**

In this examination, attractive Fe<sub>3</sub>O<sub>4</sub> elements remained initially integrated, and afterward covered by TiO<sub>2</sub> shells, bringing about Fe<sub>3</sub>O<sub>4</sub>@TiO<sub>2</sub> nanocomposites with attractive detachment and photocatalysis capacities. At that point, the Fe<sub>3</sub>O<sub>4</sub>@TiO<sub>2</sub> nano composites were changed with dopamine to yield Fe<sub>3</sub>O<sub>4</sub>@TiO<sub>2</sub>-DA. The aminoalkane bunch functioned as Fe<sub>3</sub>O<sub>4</sub>@TiO<sub>2</sub>-DA which could be additionally useful for covalently stack charge-nonpartisan peptide nucleoid corrosive tests aimed at catching guanine-containing microRNA focuses in plasma. As shown in Figure 5 Melded device can think about outstandingly express likewise delicate disclosure of microRNAs in blood according to the ID of levels.

The microarray was accumulated by hydrophobic layer of hexa decyltrimethoxysilane as well as hydrophilic aminopropyltriethoxysilane embedded thru nanoscale ZnO on glass substrate, achieving the HDS-ZnO-APS spotted microarray. DNA catch tests comprising hemin-restricting arrangements of G-quadruplex immobilized against amine functionalized ZnO-APS microarray for focusing on microRNAs. Hemin-G-quadruplex DNzyme can be catalyze shading response of peroxidase-delicate substrates for change in shades. For examining low-level free microRNAs in blood, a microarray-based colorimetric technique was created.

High-throughput, unequivocal, and subtle nanocomposite structure grasps amazing potential for inclusive claims in medical examination of disease also, exhortation of perilous advancement metastasis [10].

**Drug Delivery:**

Production of cutting-edge nanocomposite drug conveyance frameworks had incredible concentration in numerous exploration arenas going since materials science

to nanomedicine and it unlocks scientific experts, quantifiable researchers, in addition scholars to foster new medication conveyance frameworks. Indeed, these days, the examination on nanocomposite drug conveyance frameworks isn't just centered around the combination of medication conveyance frameworks ready to effectively exemplify therapeutics and delivery them upon an improvement, yet additionally progressively on their ability to change outside signals over to warm, to create profoundly oxidative species, and so on for combinational treatments . The composite frameworks showed a high stacking limit of little photosensitive particles because of the huge explicit surface region [10].

**Wound Dressing:**

The most significant medical care concerns worldwide is wound consideration. Wound coverings remain typically used to advance the different strides of wound recuperating and many progressed wound dressings had accounted for. The as-created hydrogel nanocomposites showed various mechanical properties, high water substance and against fouling possessions. Significantly, the histologic assessment affirmed that total re-epithelialization as well as absolute arrangement of newfangled connective tissues on the ordinary and diabetic injuries [10].

**E. Carbon Nanotubes and Graphene as Nano reinforcements**

Biomedical Applications: Probable of CNT in addition Graphene:

Sp<sub>2</sub> hybridized carbon covalently braced in the graphitic planes, which gives them uncommon mechanical, physical, and electronic properties and that's how CNT are sub-nuclear scale tubes are made.

CNTs can be coordinated in various genuine developments in which single-walled carbon nanotubes and multiwalled carbon nanotubes are generally utilized plans in the investigation region. As verified in Figure 6 (a), CNTs address an ideal round and hollow construction made out of a hexagonal honeycomb grid of sp<sub>2</sub> C-C bonds with no in-plane hanging bonds. CNTs had perceived tautest and most grounded strands with a ultra-high proportion and which show exceptional electronic properties and numerous other extraordinary qualities [11].

Graphene is made out of a solitary nuclear layer of sp<sub>2</sub> fortified carbon iotas organized in a honeycomb hexangular cross section which is showed in Figure 6 (b). CNTs can be coordinated in various real developments in which single-walled carbon nanotubes and multiwalled carbon nanotubes are for the most part utilized plans in the investigation region [11].

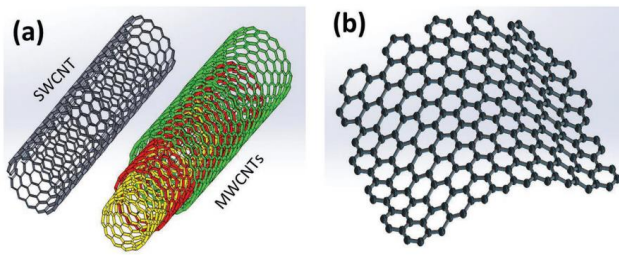


Fig. 6. Morphological design of CNT and graphene: a) CNTs and b) single-layer graphene sheet [11]

Carbon molecules in every layer of graphene structure super solid covalent bond through adjoining carbon particles, having exceptional malleable properties to graphene. Similarly, as with CNTs, various endeavors had completed to use the hopeful possessions of graphene for e.g., Applications of carbon nanomaterials.

The carbon nanomaterials convey gigantic latent to be utilized for applications in bone tissue designing. Notwithstanding the questionable issues of the nanotoxicity and endocytosis of CNT and graphene, their noteworthy mechanical, natural properties immovably advocate its usage in biomedical cases [11].

### III. CONCLUSION

1. Metallic alloys, Ti-alloy, Stainless Steel alloyed compounds and ceramics are widely used biomaterials into orthopedic, dental and cardiovascular applications.
2. Metallic biomaterials are a central class of materials for use in clinical devices. These materials are having extraordinary strength and other mechanical properties related with these biomedical applications.
3. Ceramics with central part in cell cycles and human digestion, significance of magnesium for biomedical applications is recognized.
4. Wound Dressing, the as-made hydrogel nanocomposites showed different mechanical properties, high water substance and against fouling assets.
5. For the effective utilization of biomaterials in the medical implants, the material should offer good physical and mechanical properties, biocompatibility, biostability, high strength and good corrosion resistance.
6. This overview examined metallic and ceramics biomaterials which are commonly used biomaterials used in medical implant while primarily focusing on the composition, mechanical properties, advantages, limitations and applications of the materials.

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