

# Cognitive Development Approach in Language Development

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**Abstract - Cognition means consciousness. Cognitive skill development involves the progressive building of learning skills, such as attention, memory and thinking. Anything, whatever we do in the life span i.e, 36000 days(100 years) must increase our awareness, consciousness means our cognition towards reality. Knowing reality is the purpose of life. Knowing is to understand. English language is the finest one which influences finally to know the truth, to broaden the mind, to fine tune the ego and moderation of intellectuality. We can understand the culture of society by expressing the words. We can understand many aspects of life through English Language. Our cognition will increase through the learning process. One has to be ready to learn anything that comes to us and we should be ready to accept everything which ever increases our cognition.**

**Keywords: conscious, crucial, intellectual, memory, thought process, understand**

## I. INTRODUCTION

Cognition means consciousness. Cognitive skill development involves the progressive building of learning skills, such as attention, memory and thinking. These crucial skills enable to process sensory information and eventually learn to evaluate, analyze, remember, make comparisons and understand cause and effect. Cognitive development is the construction of thought processes, including remembering, problem solving, and decision-making. Cognitive development refers to how a person perceives, thinks, and gains understanding of his or her world through the interaction of genetic and learned factors. Among the areas of cognitive development are information processing, intelligence, reasoning, language development, and memory. According to Mead Johnson, "Cognitive development is the development of thinking and organizing system of the brain: it involves the language of mental imagery, thinking, reasoning, and problem solving and memory development".

Anything, whatever we do in the life span i.e., 36000 days (100 years) must increase our awareness. Having of perceptions, thoughts, and feelings; awareness is called as Consciousness. The term is impossible to define except in

terms that are unintelligible without a grasp of what consciousness means our cognition towards reality. Knowing reality is the purpose of life. Knowing is to understand. Much understanding happens with the expression of beautiful executive words which is known as English Language. There are more than 6000 languages present all over the world, among which the English is the prime one.

One can influence the other with gestures, science and words. Words are powerful than anything. Human body made up of more than 200 types of tissues which are arranged in the form of organs and controlled by the hormones. The words which we deliver will influence the status of hormones. There are more than 94 hormones present in the human body which all are influenced by the circumstances, behavior, attitude, character and discipline of a person which in turn influenced by the words of language. English language is the finest one which influences finally to know the truth, to broaden the mind, to fine tune the ego and moderation of intellectuality. We can understand the culture of society by expressing the words. We can understand rituals and culture of humans of various places through the language. If we don't express anything we don't understand what happens around the globe. For instance, different people come from different places of

the world. They know each other culture, significance of their places, their rituals, their activities, their mentality through only language.

Since Stone Age human being has been thinking the way to express their feeling, for which they tried and tried and found language. Whatever the lessons we read in classrooms, the information we are reading in newspaper, the dialogues we are listening from cinemas must elaborate our consciousness and must widen our mind i.e., broad mindedness which in turn must improve light heartedness, which gives non-judging attitude, balanced behavior, diplomatic character and result oriented discipline. According to Lenneberg, "Children are born with physiological ability to learn a language not a particular not the language of their parents but any language to which they are exposed. Language cannot begin to develop until a certain level of physical maturation and growth has been attained.

We can understand many aspects of life through English Language. Our cognition will increase through the learning process. Cognitive skills such as understanding and creativity are very essential to learn the language. One has to be ready to learn anything that comes to us and we should be ready to accept everything which ever increases our cognition. Everyone is a sort of student like an engineering student, a medical student, an account student or a law student. Likewise every professor or a teacher or a doctor, or a lawyer is a sort of learner because all are humans who have a span of 36000days and what happened beyond that must be known to God. But whatever we learn in the middle must improve our cognition and consciousness which will help to our eternal journey.

The need of the cognitive development arises due to the fact that the present teaching system at undergraduate level relies on cognitive development. In any sort of interview and in exam or in viva, the students must have the knowledge of English Language which will satisfy the interviewer. Along with, if a person knows the exact words of English Language, he is able to apply these words provided he must have trained

with positive attitude and diplomatic manner with his good behavior, good communication skills to impress the interviewer. Perception and recreation are the core processes in communication. According to cognitivists, learning depends on perception and insight-formation. They feel that learning is in the nature of problem-solving; the new experience constitutes the problem, where the learner tries to learn from his previous experiences. Social response is the main factor that all fellow beings must know their thing which improves the behavior of the society. Cognition plays a vital role in understanding and developing creativity. A person acquires knowledge from his peer-group, society. We have various resources to learn all these. We may learn somewhere at some place like from social media, society etc.

## II. CONCLUSION

Cognitive theory is theory of psychology that explains human behavior by understanding the thought process. It mainly focuses on the conscious thought. All of the types of cognitive theory stress on the important of process that is happening inside the human's mind. The application of cognitive theory can be applied through problem based learning, discovery learning, cognitive strategies, and project based learning. Overall the goal of its application is to create the students to be active in teaching learning process. We have to habituate the words of English Language for the goodness of human being and to increase cognition and it should be indulged in every activity of presentation. India is known as Karma Bhoomi or Land of Spirituality, so by using these words we can develop our Indian consciousness i.e, Cognition.

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